



The Panathlon Foundation Virtual Offer Creating a Legacy from Summer of '22

The opportunity to blend activity and involve classrooms

Programme Offer

1 September 2022

Registered Charity 1072638

www.panathlon.com





Legacy Building

Schools can 'virtually' build a legacy from the Summer of '22 successes

Available to schools from Panathlon:

- Euro 2022 (Girls Football Skills)
- Commonwealth Games (Multi-skills)
- The Hundred (Catching and Throwing Skills)
- European Aquatic Championships (Swimming)





Summer of '22 Classroom Activity Sheets

to develop personal skills - example below

Wordsearch

F	E	T	W	F	S	T	R	I	K	E	R
R	L	Q	H	C	A	P	T	A	I	N	D
E	S	M	I	D	F	I	E	L	D	E	R
E	P	A	S	S	I	N	G	V	E	P	E
K	W	T	T	G	U	K	O	X	F	O	F
I	O	C	L	I	N	V	A	T	E	W	E
C	R	H	E	K	Z	O	L	S	N	Z	R
K	T	L	V	P	S	A	I	Y	D	J	E
I	X	E	B	A	L	L	G	U	E	T	E
G	O	A	L	K	E	E	P	E	R	F	U
J	P	E	N	A	L	T	Y	B	O	Y	M
A	Z	H	Q	O	F	F	S	I	D	E	C



Ball
 Captain
 Defender
 Free Kick
 Goal
 Goalkeeper
 Match

Midfielder
 Offside
 Passing
 Penalty
 Referee
 Striker
 Whistle



Girls' Football Skills

Warm-ups

Running with the ball

Funfair

Lucy Bronze Football

Through the Gate

Chloe Kelly Slalom

1-2-3-4 Passing

Fun Games



All information will include video clips, written explanations and scoring sheets



Commonwealth Games Multi-Skills

We provide video clips, written explanations and scoring sheets

Activities based on the sports played at Birmingham 2022

Example of activity sheet:

Spot the Difference



Can you spot the 6 differences in these pictures?





The Hundred (BazballSkills)

Do them indoors or outdoors



Batting: Hitting through the target

Throwing: Overarm distance throw

Fielding: Hit the stumps

Batting: Running between the wickets

Fielding: Beat your time, pick up, throw & return

Fielding: Close catching

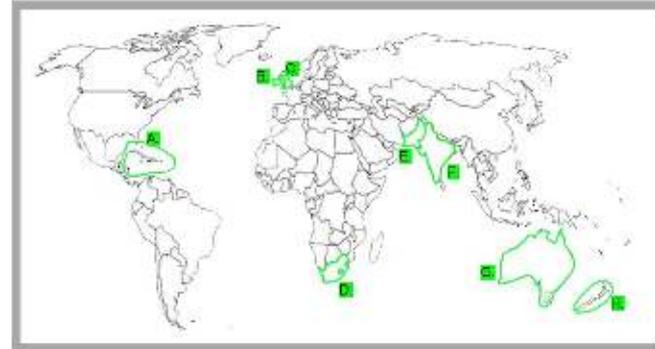
Bowling: Hit the target

Batting: Bat trap



Cricketing Nations

We need your help to find each of these top cricketing nations on the map! Write the letter of the country in the box underneath their logo



WEST INDIES



INDIA



SOUTH AFRICA



IRELAND



AUSTRALIA



PAKISTAN



ENGLAND



NEW ZEALAND

Activity Sheets available

Football

Commonwealth Games

Cricket

“The Activity Sheets complemented our schoolwork and added an extra dimension. The sheets were fun and enabled children to understand different sports”



2021-2022 Virtual Activity Videos available



“Panathlon already had a great reputation in our schools and it was fantastic that I had videos and easy-to-use instructions to distribute to teachers and get inclusive/SEND sport going!”

New 2021-22 videos are aligned to skills activity in multi-skills, kurling, boccia and table top



Swimming – are you doing Lessons?

Do you want to complement them with fun challenges?

Then try our virtual swimming programme

“It has been great fun and the students have really enjoyed it across the sessions,” said Charlton Park teacher Lisa Innet. “Thank you so much for a chance to do swimming in a ‘fun but structured’ way.”

“Using the Panathlon virtual swim model has really helped build our own swim framework for how best to engage the pupils and has helped build a sense of achievement in lessons,” said Dee Banks teacher Michelle Cook



Virtual Swim Examples

Slam Dunk

Aim

On the whistle, pupils swim towards the basket or scoring area with both hands on the ball.

When the swimmer reaches 1m away from the basket, they must stop and attempt to score in the scoring zone or basket.

The swimmer then swims back to the start before the timer is stopped.



Ferry Travel

Aim

Swimmer must swim to the other side of the pool with the object or toy balanced on the kickboard.

If the object falls off, retrieve it, place it back on the float and continue.

Swimmers should not hold the object and use their legs to kick – there should be no initial leg push off the start wall.





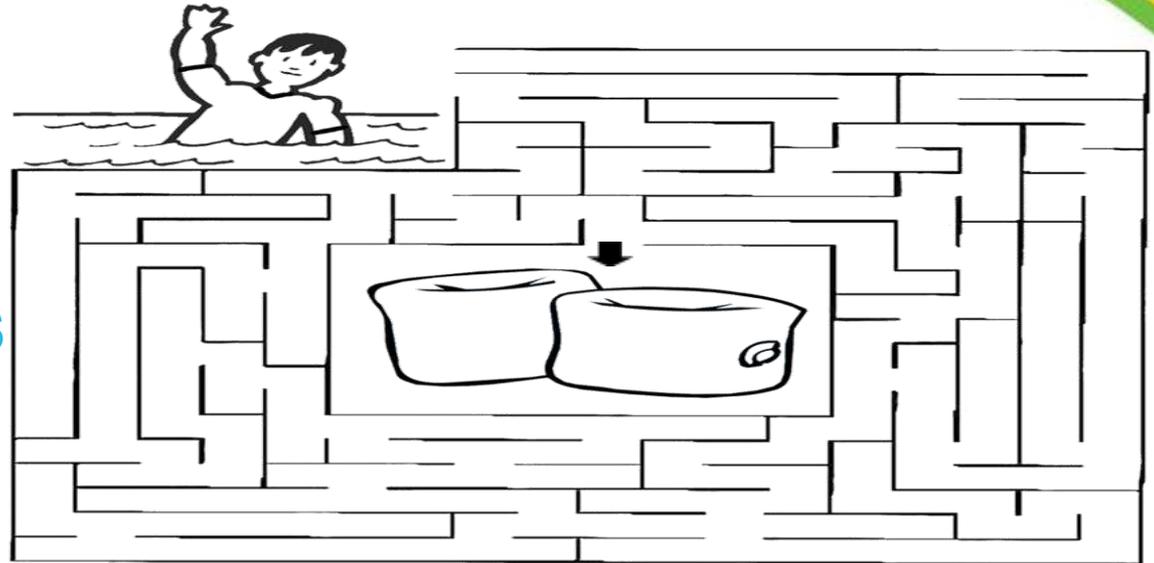
Swimming Activity Sheets

Example:

Mickey's Maze

Mickey isn't a strong swimmer.

Can you help him reach his armbands so he can swim safely and with confidence?





How to enter (no cost)

To enter, contact Panathlon with approximate numbers involved across activities.
Email: entries@panathlon.com

Upon receipt of entry, Panathlon will send you full resources including video clips, comprehensive rules and score sheets for Virtual Skills.

If you want activity sheets a full pack will be provided

We will provide certificates and stickers for all pupils involved!





For further information please contact:

Tony Waymouth
tony@panathlon.com
07807984103